



# *Beauty of Nepal*

Calendar 2015



Photographed by Korin Yong

This is an initiative by The Future Village Foundation.  
The Foundation is dedicated to improving the lives and educational standards of Nepali children.  
The Future Village Foundation is an NGO registered in Australia.

Website address : <http://futurevillagesociety.weebly.com/index.html>



# January 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 <i>New Year's Day</i> 	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19 <i>Birthday of Martin Luther King, Jr.</i> 	20	21	22	23	24
25	26	27	28	29	30	31

December 2014

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February 2015

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1	2	3	4	5	6	7
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22	23	24	25	26	27	28





# February 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16 <i>Washington's Birthday / Presidents Day</i> 	17	18	19 <i>Chinese New Year</i> 	20 <i>Chinese New Year</i> 	21
22	23	24	25	26	27	28

January 2015

S	M	T	W	T	F	S
			1	2	3	
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

March 2015

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1	2	3	4	5	6	7
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				





# March 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2015

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15	16	17	18	19	20	21
22	23	24	25	26	27	28

April 2015

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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

School Holidays 14 March to 22 March







# April 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 <i>Good Friday</i> 	4
5	6 <i>Easter Monday</i> 	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

March 2015

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1	2	3	4	5	6	7
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

May 2015

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31					1	2
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30





# May 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31					1 <i>Labour Day</i> 	2
3	4 <i>Early May bank holiday</i> 	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25 <i>Spring bank holiday</i>  <i>Memorial Day</i> 	26	27	28	29	30

April 2015

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

June 2015

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

School Holidays 30 May to 28 June





# June 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <i>Vesak Day</i> 	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May 2015

S	M	T	W	T	F	S
31					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

July 2015

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

School Holidays 30 May to 28 June





# July 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4 <i>Independence Day</i> 
5	6	7	8	9	10	11
12	13	14	15	16	17 <i>Hari Raya Puasa</i> 	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

June 2015

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

August 2015

S	M	T	W	T	F	S
30	31					1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29





Photographed by Ju Yi



# August 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31 <i>Summer bank holiday</i> 					1
2	3	4	5	6	7	8
9 <i>National Day*</i> 	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

July 2015

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

September 2015

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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

\* The following Monday will be a public holiday





# September 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7 <i>Labor Day</i> 	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24 <i>Hari Raya Haji</i> 	25	26
27	28	29	30			

August 2015

S	M	T	W	T	F	S
30	31					1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

October 2015

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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

School Holidays 05 September to 13 September





Photographed by Chen Xiuqi

# October 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12  <i>Columbus Day</i>	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September 2015

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

November 2015

S	M	T	W	T	F	S
	1	2	3	4	5	6
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21	22	23	24	25	26	27
28	29	30				





शनिवार SATURDAY

दिनी  
कारा

9  
10

4 5 8 9 10 30 40

# November 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10 <i>Deepavali**</i> 	11 <i>Veterans Day</i> 	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26 <i>Thanksgiving Day</i> 	27	28
29	30					

October 2015

S	M	T	W	T	F	S
			1	2	3	
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

December 2015

S	M	T	W	T	F	S
			1	2	3	4
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

*\*\* Tentatively, Deepavali will fall on 10 November 2015. As with previous years, the Deepavali date on 10 November 2015 may be subject to change and will need to be reconfirmed when the Hindu Almanac is available in the first half of 2015. Should there be a change in the date, the Ministry of Manpower will issue a media release to announce the change accordingly.*

School Holidays 21 November to 31 December







# December 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25 <i>Christmas Day</i> 	26
27	28 <i>Boxing Day</i> <i>(substitute day)</i> 	29	30	31		

November 2015

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

January 2016

S	M	T	W	T	F	S
31					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

School Holidays 21 November to 31 December



# International Holidays 2015

AUSTRALIA		
1	Jan	New Year's Day
26	Jan	Australia Day
3	Apr	Good Friday
6	Apr	Easter Monday
25	Apr	Anzac Day
8	Jun	Queen's Birthday
25	Dec	Christmas Day
26	Dec	Boxing Day
CHINA		
1	Jan	New Year's Day
18-24	Feb	Chinese New Year
5	Apr	Qing Ming Jie
1	May	Labour Day
20	Jun	Dragon Boat Festival
27	Sep	Mid-Autumn Festival
1	Oct	National Day
HONG KONG		
1	Jan	New Year's Day
19-21	Feb	Chinese New Year
3	Apr	Good Friday
4	Apr	Holy Saturday
5	Apr	Ching Ming Festival
6	Apr	Easter Monday
1	May	Labour Day
25	May	Buddha's Birthday
20	Jun	Tuen Ng Festival
1	Jul	SAR Establishment Day
28	Sep	Mid-Autumn Festival
1	Oct	National Day
21	Oct	ChungYeung Festival
25	Dec	Christmas Day
INDIA^		
26	Jan	Republic Day
15	Aug	Independence Day
2	Oct	Mahatma Gandhi Birthday
22	Oct	Dussehra
11	Nov	Deewali
25	Nov	Guru Nanak Birthday
25	Dec	Christmas Day

INDONESIA		
1	Jan	New Year's Day
3	Jan	The Prophet's Birthday
18	Feb	Chinese New Year
21	Mar	Nyepi Day
3	Apr	Good Friday
14	May	Ascension Day
18	Jul	Idul Fitri*
17	Aug	Independence Day
23	Sep	Idul Adha*
13	Oct	Islamic New Year 1433 H
25	Dec	Christmas Day
JAPAN		
1	Jan	New Year's Day
12	Jan	Coming Of Age Day
11	Feb	National Foundation Day
21	Mar	Vernal Equinox Day
29	Apr	Showa Day
3	May	Constitution Day
4	May	Greenery Day
5	May	Children's Day
20	Jul	Marine Day
21	Sep	Respect for the Aged Day
23	Sep	Autumnal Equinox Day
12	Oct	Health-Sports Day
3	Nov	Culture Day
23	Nov	Labour Thanksgiving Day
23	Dec	Emperor's Birthday
PHILIPPINES		
1	Jan	New Year's Day
2	Apr	Maundy Thursday
3	Apr	Good Friday
1	May	Labour Day
12	Jun	Independence Day
31	Aug	National Heroes' Day
1	Nov	All Saints Day
30	Nov	Bonifacio Day
25	Dec	Christmas Day
30	Dec	Rizal Day
31	Dec	New Year's Eve

SOUTH AFRICA		
1	Jan	New Year's Day
21	Mar	Human Rights Day
3	Apr	Good Friday
6	Apr	Family Day
27	Apr	Freedom Day
1	May	Workers Day
16	Jun	Youth Day
9	Aug	National Women's Day
24	Sep	Heritage Day
16	Dec	Day of Reconciliation
25	Dec	Christmas Day
26	Dec	Day of Goodwill
SOUTH KOREA		
1	Jan	New Year's Day
18-20	Feb	Lunar New Year
1	Mar	Independence Movement Day
5	May	Children's Day
25	May	Buddha's Birthday
6	Jun	Memorial Day
15	Aug	Liberation Day
26-28	Sep	Harvest Moon Festival
3	Oct	National Foundation Day
25	Dec	Christmas Day
TAIWAN		
1	Jan	New Year's Day
18-23	Feb	Chinese New Year
5	Apr	Ching Ming Festival
20	Jun	Dragon Boat Festival
27	Sep	Mid-Autumn Festival
10	Oct	National Day

\* Subject to change  
 ^The mentioned dates are Government of India holidays, when government offices will be closed nationwide. Different states observed additional Public holidays.  
 Please note that all care is taken in the compilation of the list. However, we cannot accept responsibility if errors still occur. All dates contained herein are correct at time of printing.

# Calendar 2016

J A N U A R Y							F E B R U A R Y							M A R C H						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
31					1	2	1	2	3	4	5	6			1	2	3	4	5	
3	4	5	6	7	8	9	7	8	9	10	11	12	13	6	7	8	9	10	11	12
10	11	12	13	14	15	16	14	15	16	17	18	19	20	13	14	15	16	17	18	19
17	18	19	20	21	22	23	21	22	23	24	25	26	27	20	21	22	23	24	25	26
24	25	26	27	28	29	30	28	29						27	28	29	30	31		
A P R I L							M A Y							J U N E						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2	1	2	3	4	5	6	7			1	2	3	4	
3	4	5	6	7	8	9	8	9	10	11	12	13	14	5	6	7	8	9	10	11
10	11	12	13	14	15	16	15	16	17	18	19	20	21	12	13	14	15	16	17	18
17	18	19	20	21	22	23	22	23	24	25	26	27	28	19	20	21	22	23	24	25
24	25	26	27	28	29	30	29	30	31					26	27	28	29	30		
J U L Y							A U G U S T							S E P T E M B E R						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
31					1	2	1	2	3	4	5	6			1	2	3			
3	4	5	6	7	8	9	7	8	9	10	11	12	13	4	5	6	7	8	9	10
10	11	12	13	14	15	16	14	15	16	17	18	19	20	11	12	13	14	15	16	17
17	18	19	20	21	22	23	21	22	23	24	25	26	27	18	19	20	21	22	23	24
24	25	26	27	28	29	30	28	29	30	31				25	26	27	28	29	30	
O C T O B E R							N O V E M B E R							D E C E M B E R						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
30	31				1		1	2	3	4	5				1	2	3			
2	3	4	5	6	7	8	6	7	8	9	10	11	12	4	5	6	7	8	9	10
9	10	11	12	13	14	15	13	14	15	16	17	18	19	11	12	13	14	15	16	17
16	17	18	19	20	21	22	20	21	22	23	24	25	26	18	19	20	21	22	23	24
23	24	25	26	27	28	29	27	28	29	30				25	26	27	28	29	30	31

# The Foundation

The Future Village Foundation was established in 2010 to support the education of impoverished children in rural Nepal.

It was started by 7 volunteers from Barclays to conduct English teaching volunteering in a remote mountain village in Nepal, then co-founded by Peter Hepenstall and Jessie Lai as NGO registered in Australia. The foundation's aims are:

- Provide basic education to children in rural Nepal.
- Provide clean energy and improve infrastructure
- Improve health and sanitation conditions

## Key Achievements

- Organized 12 group volunteering trips with more than 100 volunteers from 20+ different countries.
- Supported 3 local projects to make long term life impact
- Conducted English teaching and activities to about 300 students in regular visits
- Provided scholarship to 20 students, each receives 5 year basic education sponsorship
- Provided scholarship to 5 orphans, each receives 3 year education sponsorship
- Funded teacher salary for 5 teachers in 2 projects and provided stationery to schools
- Funded the construction of 2 new classrooms and 4 school toilets, set up library and books donation
- Installed solar panels in local education center and schools to provide lighting and clean energy
- Provided free dental service to 700 children and villagers by collaborating with oversea dentist volunteers and local dental NGO. Sponsored toilet building to 5 local families.
- Sponsored Year 10 Snowland school students to visit home in Himalaya mountains after 10 years not seeing families.
- Commenced Youth Development Program to 50 Junior College students to improve financial skills and employability.

## How can you help?

- Sponsorship on education: USD 100 can support a year basic education for one village student. USD 200 can support a year education for one orphanage. USD 250 can supply a teacher's salary for one month.
- Volunteering in the Youth Development Programme: to share career experiences with college students in Nepal in these specific areas: Medical Service, Accounting, IT & Engineering, Hospitality, Teaching, Artists.
- Participating in volunteering trips: volunteers need to attend 5 meeting sessions for visit preparation before one week volunteering trip to Nepal.

For more information, visit our Facebook Group: Nepal Future Village Foundation or website  
<http://futurevillagesociety.weebly.com/index.html>



# Words from the Volunteers



*I felt really honored to have the opportunity to visit Nepal. Such a beautiful colorful country with the most beautiful, genuine people. I fell in love with the children, for their energy, playfulness and smiles. This is an experience that I will never forget and am so grateful that I go to experience first hand the Nepali way of life.*

-Michelle Young - Hongkong, Oct 2014 Volunteer

*It was a heart-warming experience spending time with the children. They were bright, inquisitive and well-mannered. I would do it again in a heartbeat!*

-Rani Kaur - Singapore, Oct 2014 Volunteer



*I was truly inspired by the enthusiasm the people of Nepal showed to us. A simple trip and words of encouragement really do make a world of difference. Even if you can't wave a magic wand to fix all the issues, just being there provides hope for the future. With every little character you meet, you are rewarded with vibrant, warm and diverse personalities. In summary, it was a busy but unforgettable trip and I'd highly encourage those who seek adventure and want to give back, to consider participating in next years trip.*

-Kunal Patel – UK, Oct 2014 Volunteer

*Definitely an inspiring and amazing trip! Many thanks to FutureVillage Foundation for having me.*

-Samantha Pong- Singapore, Oct 2014 Volunteer

*We often forget how lucky we are to be living in Singapore. As I heard the young Nepali students rave about having the opportunity to receive free primary education, it made me wonder how much I took for granted. On the other hand, being able to enjoy fresh air and refreshing spring water reminded me of the simple joys of life that we could be missing.*

-Yihan Tan- Singapore, Oct 2014 Volunteer

*Place. Breathtaking. Kids. Heart-warming. Experience. Inspiring. Journey. Absolutely awesome!*

-Maricris Hernandez – Philippines, Oct 2014 Volunteer



# Going Home – The Long Way Home



*The children of the Snowland School come from the Dolpa And Mustang regions of far western Nepal – near the border with Tibet. The Dolpa is a very secluded and isolated part of the country that is of such a high altitude that the mountain slopes are constantly covered in snow. There are no accurate numbers of the occupants of the Dolpa and the upper Dolpa regions however it is estimated that no more than 15,000 people reside there. The sole purpose of the children going to Kathmandu is to get an education.*

*At the age of 5 or 6 these children are collected together. They are frightened and excited in equal parts. With adult guides they first walk and then ride and then walk again for more than two weeks. This walk involved climbing in some parts over mountains that are more than five and half thousand meters high. There are no roads to follow – only tracks that have been used by shepherds and other villagers for more than a thousand years.*



*Along the way these children and their adult guides sleep in caves and they carry their own food and their meager possessions. After fourteen days of walking, and as they got closer to Kathmandu - they were able to catch local buses. Finally, after nearly four weeks of travel - these tired and scared children arrive at the Snowland School. Here older children - also from the Dolpa – and all of who had made the same journey when they were the same age, meet them. In some instances the younger children had elder siblings already at Snowland – so there were joyous reunions.*

*Thus begins what was a ten year stint of education and none of these children visit their home villages again in this period. The journey was simply too far and way beyond the means of their families. So the FV Foundation each year pays for the Year 10 graduates to return to their home villages. We organize and pay for planes, buses and guides and buy winter clothes for them. It is a complex task and very expensive. This is our third year of the program and we intend to run it forever. It is important for the kids to re-connect with their families and see where they have come from.*



*This year Peter Heppenstall's brother and Jessie's friend Sylar made a part of the journey home with 6 of the kids. They filmed and photographed the journey. In September our professional filmmaker friends Zara and Marcus went to Kathmandu to interview the children who had returned – and the children who are making the journey in 2015. Marcus and Zara intend to return to Nepal in April 2015 with film crews to accompany the groups of children and record the whole emotional journey. We then intend to make and market a documentary called the Long Way Home. Peter Heppenstall is writing the accompanying book – all of the proceeds which will go to the Foundation.*



# Project Highlight

## Dental Service— Oct 2011 & Oct 2013

In Oct 2011, 4 dentists and nurses from Formosa Budding Hope Association joined the team to provide free basic dental services to 150 children and villagers. For most of the villagers, it was their first time visiting a dentist ever! This is because the local towns are rather inaccessible from the village - about 7 hours worth of trekking. Many villagers walked 1~2 hours via mountain trails for this volunteering service that we offered. The feedback from locals was very positive - toothaches and other pain suffered for years prior went away after the treatment! It was well worth our hard work in obtaining all required permits, as well as transporting treatment equipment and medicine.

A new batch of 12 dental volunteers from the same Formosa Association joined our Oct 2013 trip to the village. We collaborated with a local NGO, Health and Development Society Nepal, to provide free basic dental services in 3 different project areas, expanding to 700 children and villagers. Biannual dental services are planned for future.

## Sanitary Napkin Workshop – Oct 2013

In rural Nepal or India, most village women use cloth pieces or nothing at all during menstruation as they cannot afford sanitary pads. This could cause infections leading to cervical cancer. It is a delicate and neglected issue as these women tend to shy away from it due to the conservative mindset. This changed thanks to the Mountain Mobile Medical Team from Taiwan who shared their training experiences and sponsored the washable sanitary napkin made from cloth and locally available materials.

In Oct 2013, along with our free dental service, the local project contacts managed to gather local women to attend the Sanitary Napkin Workshop. Our volunteers conducted training with local women and older female students in 3 local project areas. To extend the training to women in remote areas, Year 10 Snowland students will undertake the assignment to teach their villagers when they return home in Himalaya mountains for a visit.

## Liter of Light Project - Oct 2014

Liter of Light is a global open source movement with the aim to provide an ecologically sustainable and free-of-cost source of interior light to rooms in simple dwellings with a thin roof. This October, our lighting designer volunteers successfully lit the previously dark toilets in rural Nepal. They also taught local technicians how to implement bottle lights for dark toilets in the school, community centre and 2 households in a remote mountain village.

It was not an easy feat during the short trip! Local villagers were worried about leaks during the rainy season as a hole had to be cut in their roof to install the bottle lights. The local project contact trekked 3 days to visit a few villages to survey the local needs, and took photos of local buildings in order to obtain a good match for the suitable location. Meanwhile, the lighting volunteers spent a couple of weekends to source the required equipment, simulate mock-ups, and finally came up with back-up solution with implementation procedures in the event of leakage. There was plenty of email communication going back and forth, seeking clarifications, clearing doubts and managing expectations. Post-implementation of the bottle lights in the community centre, the homestay graduate's mother even requested for her house to be transformed next. From there, we knew we had earned their trust and the local technicians will continue the work for more villagers and to other villages.

2 girls from Snowland school and another 2 from the orphanage centre joined the volunteering trip where they helped in translation for communication with locals. These students also took the opportunity to learn from our multinational volunteers as part of the Social Work Training Program.

